

Swim Lessons 2025

Private Lessons:



- Indoor, heated pool
- ♦ For kids aged 4+, and adults
- ♦ \$160 for five sessions (30 minutes each)
- ♦ Payment required with registration
- ♦ Lessons can help develop beginner level or improve advanced (competitive) swim abilities.
- ♦ Swim forms are on our website, www.navicenthealth.org/wellnesscenter
- ♦ Look for the SWIM tab the left side of the home page.
- ♦ The forms may also be picked up in person at The Wellness Center



The Wellness Center
3797 Northside Drive
Macon GA 31210
478-477-2300

WellnessServiceMacon@AdvocateHealth.org

Please email for more information or questions.